



# LIFE LIGHT FOUNDATION

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## **Counselling & Spiritual Awakening Certificate Curricular Requirements**

Study Time: Six Months

### **CERTIFICATE COURSES :**

Students pursuing a Certificate in Counselling & Spiritual Awakening must complete the following 8 courses to fulfil the certificate requirements

CSA106 Introduction to Sociology

CSA108 Emotional Intelligence

CSA109 Spiritual Awakening

CSA110 Introduction to Psychology

CSA111 Stress Management

CSA112 Building Resilience

CSA113 Managing Relationships

CSA114 Counselling Techniques

**Total number of courses for the certificate in Counselling & Spiritual Awakening: 8**

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